



Dear Family Member,

A member of your family has been identified as having a genetic mutation in the APC gene, specifically the p.I1307K. Mutations in this gene are known to be associated with an increased risk for certain cancers. This means that other family members are at risk to carry this same gene mutation and hence at an increased risk for certain cancers. This letter has been written to summarize information regarding APC mutations.

The APC p.I1307K gene mutation associated with a moderately-increased lifetime colorectal cancer risk, not classic familial adenomatous polyposis (FAP) or attenuated FAP (AFAP). Carriers of this mutation may be at a moderately increased risk for colon cancer (2 fold increase) compared to the general population (4-5% lifetime risk). Currently there are no medical management guidelines for colorectal cancer risk in patients with the APC gene mutation (c.3920T>A, p.I1307K). Although controversial, increased colonoscopy surveillance is an option for carriers of this mutation.

Understanding risk is an important tool in prevention and management of cancer. It is important to note that many individuals with APC mutations will never develop cancer over their lifetime. When one inherits an APC mutation, he/she is not inheriting cancer; rather they are inheriting a predisposition to cancer.

When an individual has one copy of the APC gene mutation, they have an increased risk for cancer as outlined above. Because everyone has two copies of the gene for APC, this means that a parent who carries an APC mutation has a 50% chance of passing the mutation onto each of their children. It also means that if a person carries such a mutation, their siblings have a 50% chance to carry the same mutation. Extended family members may also be at risk for having the same mutation. If a person does not carry the mutation, they cannot pass it onto their children.

**We strongly recommend that you and all persons in your family who are at risk for carrying the APC gene mutation consider scheduling an appointment for cancer genetic counseling to discuss the benefits and limitations of genetic testing.** To pursue cancer genetic testing, it is helpful if you have a copy of your family member's genetic testing report indicating that they have an APC mutation.

GeneScreen is available to discuss this information in more detail with you and coordinate appropriate testing. Please visit the following website to submit your request for genetic counseling: <https://hipaa.jotform.com/200926739003048>. You can also contact Genescreen directly at 908-766-2800 to schedule a remote consultation with a genetic counselor.

Sincerely,

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